



To Protect, Promote and Prioritize the Health of Our Entire
Community

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DCHD: Social Distancing is for Everyone

The need for social distancing continues and that means everyone. The Douglas County Health Department is hearing from parents and agencies that work with our youth that too many are not keeping themselves safe during the pandemic.

“COVID-19 is a threat to everyone, and everyone needs to help stop this disease,” Health Director Dr. Adi Pour said. “We are asking our younger residents to avoid gathering for parties and other group activities. You may not think you’ll get sick, but you can, and then you may bring the disease home to your family.”

On Thursday, April 23, the Health Department confirmed 23 new cases of COVID-19 in Douglas County. That brings to 348 the total number of cases in the county since the start of the outbreak. There are 12 males and ten females included in these test results with one person still to be contacted. They range from 17 to 69 years of age. Seven of these individuals had contact with a known case, five cases were community-acquired, and eleven cases remain under investigation. There are two known hospitalizations among these individuals.

As of Wednesday night, local hospitals reported 571 medical surge beds were available and 40 patients were hospitalized with COVID-19. Of the 354 ventilators available to area hospitals, 89 were in use, including 16 for confirmed COVID-19 patients.

Remember to learn the COVID-19 symptoms, which may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases a person will have more than one symptom. If you have COVID-19 symptoms, please contact your health care provider and tell them how you are feeling, and discuss any possible exposure history. Please call ahead before you go to the doctor’s office or an emergency room.

DCHD’s information line is open daily at (402) 444-3400 from 8:30 a.m. until 4 p.m. In addition, the Nebraska DHHS COVID-19 information line is open from 8 a.m.-8 p.m. at (402) 552-6645. Calls are taken 24 hours a day at the United Way’s 2-1-1 Information Line.

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