



To Protect, Promote and Prioritize the Health of Our Entire  
Community

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## **DCHD Says Seniors Need Space**

Senior citizens are among the Nebraskans who are most vulnerable to complications from the COVID-19 outbreak. The Douglas County Health Department (DCHD) is suggesting you limit or avoid visits to senior living facilities unless it is absolutely needed during the current outbreak.

“This is one of the most important messages we can share,” Health Director Dr. Adi Pour said. “Reach out via phone or send a letter. Let’s protect our seniors.”

DCHD also reminds everyone who goes out in public to wear a mask.

On Thursday, April 16 the Health Department confirmed three new cases of COVID-19 in Douglas County, bringing the total to 266. These latest cases involve two males and one female who range in age from less than a year old to a person in their 50s. One of these individuals is hospitalized. One new case had contact to a known case while the other two remain under investigation.

The Health Department sadly also must report the county’s eighth death. This person was a man in his 70s who also was suffering from multiple underlying conditions.

Hospital inventory as of Wednesday evening indicated that 590 medical surge beds are available and 43 patients are hospitalized with COVID-19. Of the 417 ventilators available to area hospitals, 104 are in use including 21 for confirmed COVID-19 patients.

Please know the COVID-19 symptoms, which may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases a person will have more than one symptom. Anyone who has COVID-19 symptoms should contact their health care provider and tell them how you are feeling and discuss any possible exposure history. Please call ahead before you go to the doctor’s office or an emergency room.

DCHD’s information line is open daily at (402) 444-3400 from 8:30 a.m. until 4 p.m. In addition, the Nebraska DHHS COVID-19 information line is open from 8 a.m.-8 p.m. at (402) 552-6645. Calls are taken 24 hours a day at the United Way’s 2-1-1 Information Line.

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